



JULIUS NYERERE SCHOOL OF SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

MASTER OF SCIENCE DEGREE IN COUNSELLING PSYCHOLOGY

LEVEL 1 SEMESTER 2

EXAMINATION QUESTION PAPER

MODULE CODE : CPM524
MODULE NARRATION : SYSTEMIC COUNSELLING
DATE : 2024
DURATION : 3 HOURS

INSTRUCTION TO CANDIDATES:

- 1. Answer question number one and any other two questions.
Each question carries 100 marks.**

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EXAMINATION QUESTION PAPER

1. *Chido is a 15 year old girl who lives with her mother and stepfather. She does not want to talk to her stepfather as she thinks he is responsible for her father leaving. This is causing tension in the family. She is showing great interest in friends of the opposite sex and is starting to use drugs.*

Clearly outline how you would use Functional Family Therapy (FFT) to help the family.

2. Explore the role of the therapist when using Solution Focused Brief Therapy.
3. With the aid of diagrams, illustrate the different types of information one can get using systemic counselling through the use of genograms.
4. Discuss the notion that Brief Strategic Family Therapy has crystallised as a powerful model in addressing adolescent delinquency.
5. Examine the strengths and limitations of systemic counselling in an African setting.