



ROBERT MUGABE SCHOOL OF EDUCATION & CULTURE

DEPARTMENT OF TECHNICAL EDUCATION

**BACHELOR OF EDUCATION PRIMARY/SECONDARY (PRE-SERVICE
AND IN-SERVICE) DEGREE**

PART 1 SEMESTER 1

EXAMINATION QUESTION PAPER

MODULE CODE: CPEP/CPES112/TPPE112

**NARRATION: FOUNDATIONS OF PHYSICAL EDUCATION AND
SPORT**

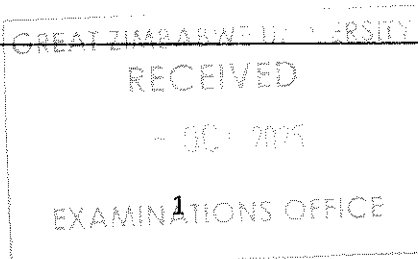
DATE: 2025

TIME: 3 HOURS (THEORY PAPER)

MAIN PAPER

INSTRUCTIONS.

ANSWER ANY 3 QUESTIONS. ALL QUESTIONS CARRY EQUAL MARKS.



1. Explain how the heart pumps blood in the working muscles of the human body. (15)

b. Explain each of the following movement terminologies used in physical education and sport:

- i. Abduction. (2)
- ii. Extension. (2)
- iii. Flexion. (2)
- iv. Circumduction. (2)
- v. Eversion. (2). (10). [25]

2 a. Examine the functions of any three synovial joints in the human body. (15)

b. Giving an example of each, identify four types of bones found in the human body. (8)

c. Briefly describe two characteristics of muscles. (2). [25]

3. Greece laid a global foundation for physical Education and Sport. Discuss the assertion. [25]

4. With relevant examples, discuss how the philosophy of pragmatism governs the implementation of physical activities in schools. [25]

5. With the aid of a diagram, explain the structure and function of the respiratory system. [25]