



JULIUS NYERERE SCHOOL OF SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

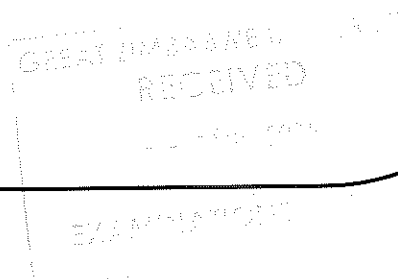
MASTER OF SCIENCE DEGREE IN COUNSELLING PSYCHOLOGY

EXAMINATION QUESTION PAPER

MODULE CODE : CPM514
MODULE NARRATION : ETHICAL ISSUES IN COUNSELLING
DATE : 2024
DURATION : 3 HOURS

INSTRUCTION TO CANDIDATES:

- 1. Answer question number one and any other two questions.
Each question carries 100 marks.**



1. *Jeff is a counselling psychologist at a Youth Guidance Centre in Bulawayo. The centre provides counselling and related services to troubled children, adolescents, and their families. One of Jeff's clients is a sixteen-year-old high school student, Bheki. Bheki was referred to Jeff by the school guidance counsellor because Bheki's grades were dropping steadily, he missed many school days, and according to one of Bheki's teachers, he "seemed out of it." After several counselling sessions, Bheki admitted to Jeff that he is having a serious problem with crystal meth. Bheki admitted that he had been addicted to crystal meth for several months, after being introduced to the drug at a friend's vuzu party. Jeff has received a telephone call from Bheki's parents. They asked Jeff about his impressions of their son's problems. They want to know whether Jeff has learned why Bheki is having difficulty in school.*

Illustrate how best Jeff can handle this situation highlighting all the ethical issues involved.

2. Explain the significance of observing ethics in counselling and psychotherapy.
3. Discuss the exceptions to confidentiality in counselling and psychotherapy.
4. Explore the benefits and challenges of technology use in counselling in an African setting.
5. Examine the 8 step model of resolving ethical dilemmas in counselling and psychotherapy.

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