



# **JULIUS NYERERE SCHOOL OF SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**BACHELOR OF SCIENCE SPECIAL HONOURS DEGREE IN PSYCHOLOGY**

**LEVEL 1 SEMESTER 1**

**EXAMINATION QUESTION PAPER**

**MODULE CODE** : SPSY407  
**MODULE NARRATION** : PSYCHOTHERAPY  
**DATE** : 2024  
**DURATION** : 3 HOURS

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**INSTRUCTION TO CANDIDATES:**

- 1. Answer question number one and any two others.**
- 2. Each question carries 100 Marks.**

1. Assess the applicability of family therapy in the African context.
2. Compare and contrast psychotherapy and counselling.
3. Explain any five techniques used in cognitive behavior therapy.
4. Discuss the three types of humanistic therapy.
5. Examine the role of the therapist in psychodynamic therapy