



JULIUS NYERERE SCHOOL OF SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

MASTER OF SCIENCE DEGREE IN COUNSELLING PSYCHOLOGY

LEVEL 1 SEMESTER 2

EXAMINATION QUESTION PAPER

MODULE CODE : CPM521
MODULE NARRATION : CROSS-CULTURAL COUNSELLING
DATE : 2024
DURATION : 3 HOURS

INSTRUCTION TO CANDIDATES:

- 1. Answer question number one and any two others.**

Each question carries 100 marks.

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1. *A Counselling Psychologist aged 46 who is also a senior pastor with one of the leading Pentecostal Churches has his offices in the leafy suburb of Borrowdale in Harare where he also grew up for the larger part of his life. He is approached by a client, Mrs. Munyuki (31) for counselling. Mrs. Munyuki stays with her husband, Mr. Munyuki, who is a successful businessman. They live in the low density suburb of Waterfalls. Mrs. Munyuki grew up in the high density suburb of Highfields, Harare and did her education at Highfield High School up to Ordinary level. The client does not belong to any religious group. The client complains that she is not satisfied by her husband whom she believes does not give her much attention and has a sexual dysfunction (pre-mature ejaculation). Mrs. Munyuki opens up to the counsellor that she is currently having an extra-marital affair with one of her workmates (Joe). Mrs. Munyuki is frustrated as she feels Joe is also no longer giving her much attention, she is contemplating dating her pre-marriage ex-boyfriend.*

Explain the cross-cultural issues that may pose as potential barriers to counselling between the counsellor and the client in the above case.

2. Assess the view that multiculturalism is there to complement and strengthen the already existing counselling paradigms.
3. Explore the general characteristics of counselling which are usually in conflict with African clients' cultural values.
4. Explore the cross-cultural issues to be considered when providing counselling to the hearing impaired clients.
5. Examine the cross-cultural issues to be considered when counselling children.