



**JULIUS NYERERE SCHOOL OF SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**BACHELOR OF SCIENCE HONOURS DEGREE IN PSYCHOLOGY**

**LEVEL 2 SEMESTER 2**

**EXAMINATION QUESTION PAPER**

<b>MODULE CODE</b>	<b>: PSYH221</b>
<b>MODULE NARRATION</b>	<b>: ADOLESCENCE AND ADULTHOOD</b>
<b>DATE</b>	<b>: 2024</b>
<b>DURATION</b>	<b>: 2 HOURS</b>

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**INSTRUCTIONS TO CANDIDATES:**

- 1. Answer all questions in Sections A and B.**
- 2. Answer one question from Section C.**

**SECTION A: 40 Marks**

1. Sigmund Freud associated moral development mostly with the emergence of which part of the psyche?  
A. Id                      B. Superego                      C. Ego                      D. Super-id
2. The cessation of ovulation and the menstrual cycle is called \_\_\_\_\_.  
A. menarche              B. moratorium              C. menopause              D. monozygotic
3. Early maturing girls tend to.....  
A. get married later  
B. score lower on academic tests  
C. stay on in tertiary education  
D. break more social norms when mixing with an older peer group
4. At what time of life does Erikson stage Industry vs. Inferiority occur?  
A. old age              B. adolescence              C. school age              D. adulthood
5. According to Erikson, early adulthood is characterised by a psychosocial crisis centering on establishing close and personal relationships with others. This is the stage of  
A. Integrity vs. Despair                      B. Identity vs. Confusion  
C. Generativity vs. Self-absorption              D. Intimacy vs. Isolation
6. The \_\_\_\_ type of parent seems too involved with their children, allowing their 'little angels' to behave in any way they wish, refusing to set limits on the child's behaviour or to require any kind of obedience.  
A. Permissive indulgent    B. Authoritative    C. Authoritarian    D. Permissive neglectful
7. Piaget suggested that children progress through several distinct developmental stages. The order of these stages is \_\_\_\_\_.  
A. Sensorimotor, pre-operational, formal operational, concrete operational  
B. Sensorimotor, concrete operational, pre-operational, formal operational  
C. Sensorimotor, pre-operational, concrete operational, formal operational  
D. Sensorimotor, formal operational, pre-operational, concrete operational
8. Which developmental processes most involve adolescents' changing relationships with peers?  
A. biological processes                      B. socio-emotional processes  
C. cognitive processes                      D. psychological processes
9. According to Erik Erikson's psychosocial theory of development, the crisis that needs resolution for adolescents involves the search for \_\_\_\_\_.  
A. Integrity                      B. Worth                      C. Identity                      D. Autonomy
10. Which of these do we know to be true about intimacy in early adulthood?  
A. According to Erikson and Levinson's developmental models, young adults are developing a sense of personal identity rather than a need for closeness to others.  
B. Finding and developing relationships with an intimate partner is not a priority for most young adults.

- C. There are strong similarities in the ways people develop early relationships with caregivers during infancy and intimate adult relationships later on.
- D. Intimacy in early adulthood is exclusively focused on sexuality and only in middle age does it mature into emotional intimacy.
11. When in 40s – 60s, the middle-aged discover a sense of contributing to the world usually through family and work, or they feel a lack of purpose, this refers to \_\_\_\_
- A. Industry vs. Inferiority                      B. Initiative vs. Guilt  
C. Identity vs. Role confusion                D. Generativity vs. Stagnation
12. According to Erikson, the task of the adolescent is to \_\_\_\_.
- A. Find a consistent sense of self              B. Develop a sense of initiative  
C. Find intimacy with another                D. Develop a sense of industry
13. According to Erikson, the primary task of early adulthood is \_\_\_\_
- A. Completing your education                B. Finding a mate  
C. Starting a career                              D. Taking care of aging parents
14. One of the following statements about cognitive development in adolescence is INCORRECT. But which one?
- A. There is an intellectual growth spurt during puberty.  
B. Piaget referred to adolescence as the period of parapsychological reasoning.  
C. During adolescence, many individuals are able to deal with more abstract cognitive tasks.  
D. In tests such as the pendulum task, adolescents who have reached the formal operations phase are able to test the effects of varying a factor while holding the other factors constant.
15. Adolescent risk-taking is mainly influenced by \_\_\_\_
- A. peers                      B. alcohol                      C. parents                      D. drugs
16. Select the FALSE assertion from those given below. Formal operational thinkers \_\_\_\_
- A. Tend to be much more systematic in their reasoning processes than non-formal operational thinkers.  
B. In addressing problems, contemplate the range of possible combinations, formulate hypotheses, and test them.  
C. Are not restricted to tackling science education puzzles.  
D. Are not generally interested in the principles governing the broader social environment.
17. In the \_\_\_\_\_, adolescence have spent so much time thinking about their own thoughts and feelings that they become convinced that they are special, one of a kind, and that no one else has ever had these thoughts and feelings before them.
- A. Personal fable    B. Imaginary audience    C. Activity theory    D. Menopause
18. What stage might terminally ill patients be in if they refuse to write a last will and testament because they believe that in doing so, they are admitting they will die?
- A. Bargaining                      B. Anger                      C. Depression                      D. Denial



31. During a discussion in class regarding cheating in college, Thabiso argues, 'Cheating is wrong; it is important to follow rules'. Lawrence Kohlberg would say Thabiso is in what stage of moral development?  
A. Conventional B. Preconventional C. Advanced conventional D. Postconventional
32. Which type of intelligence involves basic reasoning ability, memory capacity, and speed of information processing?  
A. Episodic B. Crystallised C. Fluid D. Procedural
33. Crystallized abilities include the ability to use skills, knowledge and experience. These abilities tend to \_\_\_\_\_  
A. improve with age as individuals expand their knowledge through experience  
B. decline with age along with general cognitive function  
C. stay static over time  
D. none of these
34. The knowledge that one has about one's processes of thinking and the ability to monitor thought processes is known as \_\_\_\_\_  
A. Daydreaming B. scaffolding C. metacognition D. conservation
35. Variation in age of puberty is \_\_\_\_\_  
A. Genetic B. due to malnutrition C. linked to body build D. any of the above
36. Which parenting style do parents who are too involved with their children and who refuse to set limits on their behaviour display?  
A. Permissive neglectful B. Permissive indulgent  
C. Permissive respectful D. Permissive reliant
37. Which of the following has been proposed as a reason puberty is occurring earlier than in previous generations?  
A. advances in education B. improvements in nutrition  
C. increased parental sensitivity D. accelerated moral development
38. Dizygotic twins \_\_\_\_\_  
A. are genetically identical B. come from a single fertilized egg cell  
C. may be of the same or different sex D. are not really twins but only appear to be so
39. Some anthropologists believe that initiation rites at puberty in non-urban societies:  
A. signal the transition point from child to adult  
B. serve to break the close link children have with the mother  
C. reinforce the authority of the elders of the tribe, who perform the ceremonies  
D. all of the above
40. Menarche is to girls as \_\_\_\_\_ is to boys.  
A. andropause B. moratorium C. semenarche D. androgen

