



ROBERT MUGABE SCHOOL OF EDUCATION & CULTURE

DEPARTMENT OF TECHNICAL EDUCATION

**BACHELOR OF EDUCATION PRIMARY/SECONDARY (PRE-SERVICE
AND IN-SERVICE) DEGREE**

PART 1 SEMESTER 1

EXAMINATION QUESTION PAPER

MODULE CODE: CPEP/CPES112/TPPE112

**NARRATION: FOUNDATIONS OF PHYSICAL EDUCATION AND
SPORT**

DATE: 2025

TIME: 3 HOURS (THEORY PAPER)

MAIN PAPER

INSTRUCTIONS.

ANSWER ANY 3 QUESTIONS. ALL QUESTIONS CARRY EQUAL MARKS.

1. Explain how the heart pumps blood in the working muscles of the human body. (15)
- b. Explain each of the following movement terminologies used in physical education and sport:
 - i. Abduction. (2)
 - ii. Extension. (2)
 - iii. Flexion. (2)
 - iv. Circumduction. (2)
 - v. Eversion. (2). (10). [25]
- 2 a. Examine the functions of any three synovial joints in the human body. (15)
- b. Giving an example of each, identify four types of bones found in the human body. (8)
- c. Briefly describe two characteristics of muscles. (2). [25]
3. Greece laid a global foundation for physical Education and Sport. Discuss the assertion. [25]
4. With relevant examples, discuss how the philosophy of pragmatism governs the implementation of physical activities in schools. [25]
5. With the aid of a diagram, explain the structure and function of the respiratory system. [25]